

W Inspires Spontaneity and Creativity W Energizes and promotes action W Initiates pro-active responding vs. reacting W Reveals Possibilities otherwise missed W Creates a fluid plan that is flexible and adaptable to future challenges W Draws you forward towards Success Michael A. Hinz, PhD ~ Life Strategist Coach www.HinzDocs.com

What does it mean to: Vision

- W The process of Seeing and creating a plan for the Future à Creating your Future
- W We are propelled forward towards our plans
- W If there is No plan à little gets done due to lack of direction and having no focused purpose
- W A Powerful plan for the future à activates and highly motivates us to achieve our goals
- W A clear direction and outcome to accomplish results in greater freedom of choice and less foreclosure of new ideas

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But I can't predict the future

- W That's right
- W But that is not what Visioning is about
- W Visioning creates a plan to shape the future
- W A Future not held back by limitations
- W A Future concerned with making the best use of all possible options and resources

Try a Different Approach

- W Most people plan by brainstorming about the obstacles and limitations first
- W Then try to figure out how to "fix-it"
- W This approach focuses on "impossibilities" and "impracticalities" rather than on the future
- W Focuses on what won't work vs. what will work
- W On what is happening vs. what we want to happen

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An Example:

- W JFK had a vision to put a man on the moon within 10 years
- w Reality when the vision was inspired
- W No conceivable means of doing it impossible, can't be done, No way
- W How do you achieve the impossible?
- W Brainstorming of any and all possibilities
- W One baby step at a time while the plan emerges

The Power

- W Vision makes Possibilities become Reality
- W Others only see impossibilities and do NOTHING while you are busily achieving the "impossible"
- W The power of the vision stretches you to make better use of resources that normally would only be minimally utilized or even ignored
- W It inspires creativity, resourcefulness, action
- W It empowers you to do what you were always capable of doing but thought you couldn't do

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How Far ahead should I plan?

- W The average person follows the end of their nose and plans no farther ahead than that
- W They are too busy reacting rather than planning
- W If they do plan, it might be only 1 week, or a month or a year into the future
- W Or worse, they are always looking back and the future is not even on their horizon

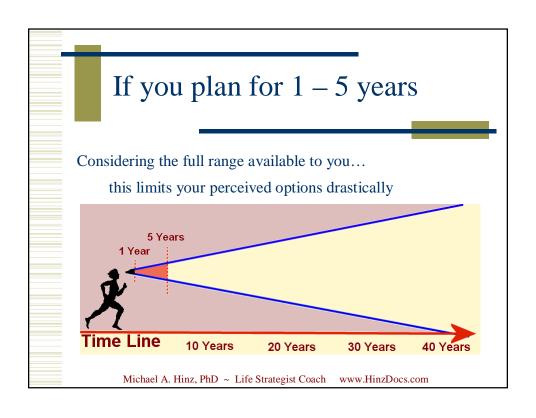
Choose the Field of Vision

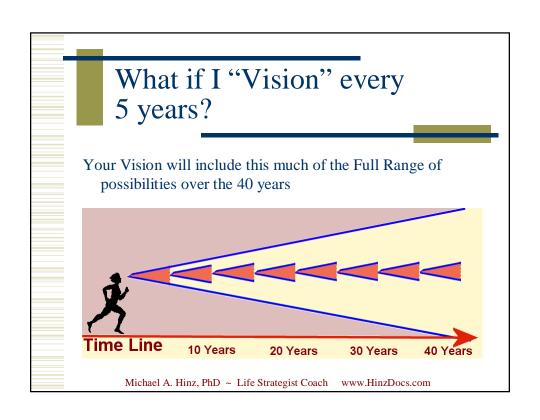
Plan 20, 30, 50 or even 100 years into the future:

- W If you hope to accomplish the most possible
- W If there are many obstacles, challenges and limitations to overcome
- W If you want to create the most vibrant and successful outcomes possible
- W If you want to create something that will last forever, constantly improving and getting better

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Take a Look Your Field of Vision creates the à Range of Possibilities to be considered Time Line 10 Years 20 Years Michael A. Hinz, PhD ~ Life Strategist Coach www.HinzDocs.com





Try a Wider Perspective

- W It doesn't seem possible that I could really be overlooking so many options
- W Looking far into the future widens the field of opportunity significantly
- W You only see what you look for
- W Just because you don't look doesn't mean it isn't there à waiting for you to SEE it

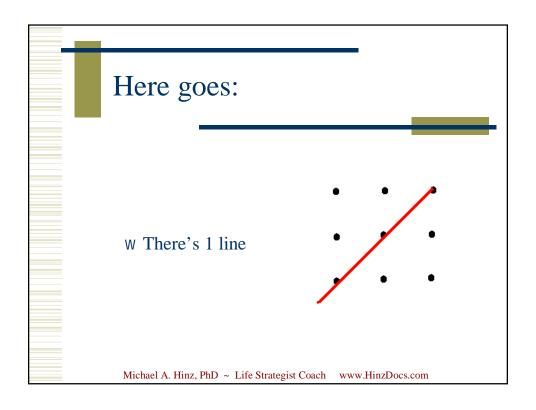
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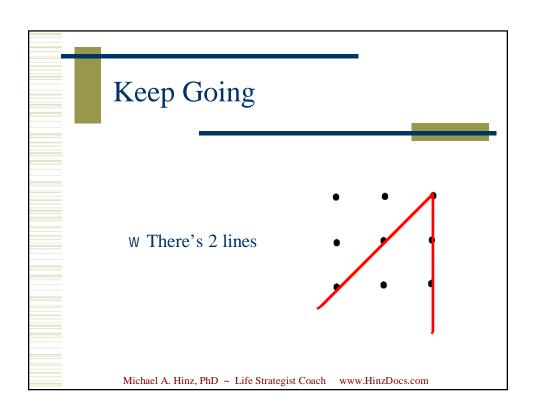
Another Example:

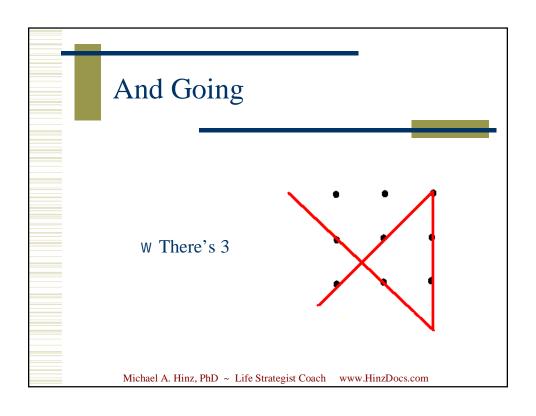
See if you can connect all 9 dots with only 4 straight, connected lines

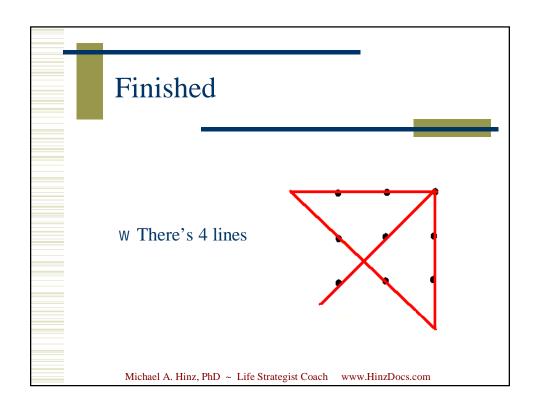
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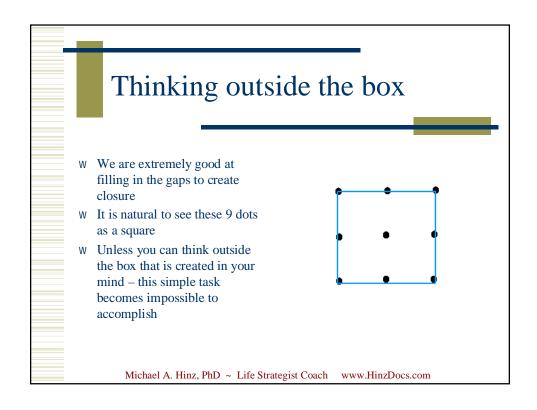
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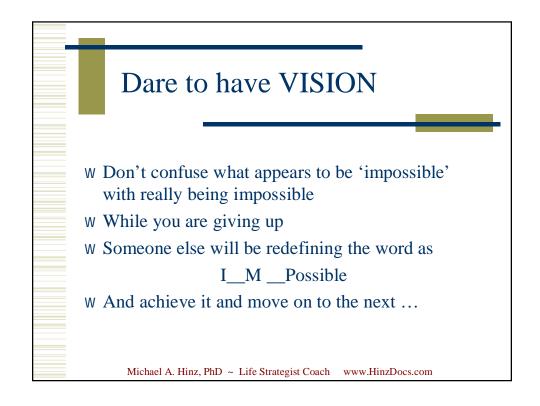












Responsibility

- W You are Responsible for your Future.
- W Responsibility = Response + ability
- W Accepting responsibility means that you are "Able to Respond"
- W You are able to SEE a Future
- W You are able to be pro-Active in making it Happen

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Steps to the FUTURE

- 1. Commit to having Vision
- 2. Create a powerful and compelling Vision
- 3. Brainstorm the details of how to "DO IT"
- 4. Assemble the plan
- 5. Implement the plan (remember to take baby steps)
- 6. Revise the ongoing plan with fluid Re-Visioning

